

REGIONAL SUICIDE PREVENTION COUNCIL EAST CENTRAL ALBERTA Terms of Reference

Mandate

To advance the Alberta Suicide Prevention Strategy in East Central Alberta.

Purpose

The Council will educate, support, encourage conversations and implement strategies to reduce suicide in East Central Alberta.

Key Responsibilities

- ➤ Encourage and facilitate collaboration among individuals and organizations in an effort to prevent suicide.
- Provide a forum to share information, resources, best and promising practices and issues related to suicide prevention.
- Encourage community conversations that assist in reducing stigma around suicide.
- Promote access to services and resources through increased community awareness
- Develop creative and innovative approaches to suicide prevention initiatives.
- Support current actions.

Objectives

The Regional Suicide Prevention Council will work towards achieving the following goals as outlined in the Alberta Suicide Prevention Strategy:

- Enhance mental health and well-being among Albertans.
- Improve intervention and support for Albertans affected by suicide.

Membership

Membership on the Regional Suicide Prevention Council is open to all individuals and organizations with an interest in suicide prevention.

The Regional Suicide Prevention Council is open to ad hoc members from outside of East Central Alberta.

<u>Meetings</u>

RSPC Council meetings are held quarterly. Subcommittee meetings are held at the discretion of the members. Meetings are to be held throughout East Central via video conferencing/face to face or at a central location, and will be planned at least two meetings in advance of occurring. Monies grants will contribute funding towards mileage for those members who do not have support for travel.

Resources

Canadian Mental Health Association, Camrose Office, will provide financial administration and Alberta Health Services provides support through the Health Promotion Facilitator. Members are expected to commit active involvement in the council as a whole. Members are welcome to dedicate other resources to the council, such as financial and promotion through avenues available to them or any in kind support.

Leadership

The Chair/Co-Chair will be determined on a yearly basis at the large RSPC meetings. A Secretary will be determined to ensure accurate record of meeting minutes.

Review of Terms of Reference

To be reviewed annually at the start of the year (Sept).