



# The Regional Suicide Prevention Council of East Central Alberta

## Suicide Bereavement Supports throughout Alberta

### **CMHA Suicide Services Bereavement Program**

- #400, 1202 Centre Street SE
- Calgary, AB T2G 5A5
- Phone (403) 297-1744
- [suicideservices@cmha.calgary.ab.ca](mailto:suicideservices@cmha.calgary.ab.ca)

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### **The Support Network: Suicide Bereavement Program**

- 400, 10025 106 Street
  - Edmonton, AB T5J 1G4
  - Phone (780) 482-0198
  - [jallen@thesupportnetwork.com](mailto:jallen@thesupportnetwork.com)
  - [www.thesupportnetwork.com](http://www.thesupportnetwork.com)
  - Individual one-on-one, adult support group, family support group, phone support and run a children's group once per year (ages 6-13)
  - Check website for 'Programs'
- No cost or a pro-rated cost

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### **Some Other Solutions Society for Crisis Prevention**

- 9912 Manning Avenue
- Fort McMurray, AB T9H 2B9
- Contact: Karen Gooden (Executive Director)
- Phone (780) 743-8605
- [reception@someothersolution.ca](mailto:reception@someothersolution.ca)

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### **Catholic Family Services – Men's Support Group**

- (for men experiencing any type of loss)
- 9902-101 Street (lower level)
- Grande Prairie, AB T8V 2P5
- Contact: Erna
- Phone (780) 532-9381
- [moone@gpsd28.ab.ca](mailto:moone@gpsd28.ab.ca)

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### **Sharing Our Loss – Lethbridge Family Services**

- 1107 – 2nd Avenue North
- Lethbridge, AB T1H 0E6
- Contact: Mary Shillington
- Phone (403) 327-5724
- [mshillington@lethbridge-family-services.com](mailto:mshillington@lethbridge-family-services.com)

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### **Hope & Healing Through Grief Suicide Survivors Bereavement Support Group**

- 10015 – 98 Street
- Peace River, AB T8S 1T4
- Contact: Coordinator, Mental Health Services
- Phone (780) 624-6151
- [careen.griffin@pchr.ca](mailto:careen.griffin@pchr.ca)
- [www.pchr.ca](http://www.pchr.ca)

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### **CMHA Bereavement Support Program**

- 5017 50th Avenue
- Red Deer , AB T4N 4B2
- Phone (403) 342-2266
- [office@reddeer.cmha.ab.ca](mailto:office@reddeer.cmha.ab.ca)

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### **Barb Hinger MSW, RSW Counselling & Consulting**

- (Grief Support Program)
- 128 Main Street N
- Airdrie, AB
- Contact: Barb Hinger
- Phone (403) 988-4611
- [barb.hinger@gmail.com](mailto:barb.hinger@gmail.com)

*(Source: [www.suicideprevention.ca/survivor-support/alberta](http://www.suicideprevention.ca/survivor-support/alberta))*